

# CLASSIC PANCAKES

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

**Regular Pancake Batter**  
**Maple Syrup**

## *Ingredients*

### **Regular Pancake Batter**

2% Milk  
Vanilla Yogurt\*  
Liquid Eggs  
Brown Sugar  
Vanilla  
All Purpose Flour  
Baking Powder  
Sea Salt  
Butter-melted

\*purchased processed item, ingredients found in next section

**review date: 4.17.23**  
**jeb**

# SWEDISH PANCAKES

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS

SOY

DAIRY

TREE NUTS

WHEAT

EGGS

SESAME

SHELLFISH

FISH

## *Plate Components*

**Swedish Batter**  
**Lingonberry Compound butter**  
**Powdered Sugar**  
**Lingonberry Compote\***

## *Ingredients*

**Swedish Batter**  
2% Milk  
Liquid Eggs  
Sugar  
Sea Salt  
Rice Flour  
Tapioca Flour  
Butter

**Lingonberry Compound Butter**  
Butter  
Lingonberry Compote\*  
Agave\*

\*purchased processed item, ingredients found in next section

**review date: 4.17.23**

**jeb**

# VEGAN BANANA PANCAKES

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS

SOY

DAIRY

TREE NUTS

WHEAT

EGGS

SESAME

SHELLFISH

FISH

## *Plate Components*

**Vegan Banana Batter**

**Powdered Sugar**

**Maple Syrup**

## *Ingredients*

**Vegan Banana Batter**

Rice Flour

Baking Powder

Sea Salt

Brown Sugar

Rice Milk\*

Bananas

Canola-olive Oil blend

Cinnamon

\*purchased processed item, ingredients found in next section

**review date: 4.17.23**

**jeb**

# CLASSIC FRENCH TOAST

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

**Challah**  
**FT Batter**  
**Powdered Sugar**  
**Maple Syrup**

## *Ingredients*

**Challah**  
Bread Flour  
Sugar  
Salt-kosher  
Yeast  
Liquid Eggs  
Canola-Olive Oil Blend

## **French Toast Batter**

2% Milk  
Sugar  
Vanilla  
Half and Half  
Liquid Egg  
Cinnamon

*review date: 4.17.23*  
*jeb*

# GLUTEN FREE FRENCH TOAST

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

**Gluten Free Bread**  
**French Toast Batter**  
**Powdered Sugar**  
**Maple Syrup**

## *Ingredients*

**Gluten Free Bread**  
Rice Flour  
Sorghum Flour  
Tapioca Flour  
Yeast  
Salt-kosher  
Xanathan Gum  
Baking Powder  
Liquid eggs  
Canola-Olive Oil Blend  
Sugar

**French Toast Batter**  
2% Milk  
Sugar  
Vanilla  
Half and Half  
Liquid Egg  
Cinnamon

*review date: 4.17.23*  
*jeb*

# LEMON RICOTTA PANCAKES

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

**Lemon Ricotta Pancake Batter**  
**Raspberry-Lemon Curd**

## *Ingredients*

**Pancake Batter**  
2% Milk  
Ricotta  
Liquid Eggs  
Brown Sugar  
Lemon Juice  
GF All Purpose Flour  
Baking Powder  
Sea Salt  
Lemon Zest

## **Raspberry-Lemon Curd**

Lemon Juice  
Raspberry  
Egg Yolk  
Sugar

*review date: 4.17.23*  
*jeb*

# OATMEAL COBBLER FRENCH TOAST

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

**Challah**  
**FT Batter**  
**Powdered Sugar**  
**Oatmeal Streusle**  
**Berry Puree**  
**Lemon Creme Anglaise**  
**Maple Syrup**

## *Ingredients*

**Challah**  
Bread Flour-AP  
Sugar  
Salt-kosher  
Yeast  
Liquid Eggs  
Canola-Olive Oil Blend

**Lemon Creme Anglaise**  
Heavy Cream  
Egg Yolk  
Sugar  
Vanilla  
Lemon  
Lemon Juice

**French Toast Batter**  
2% Milk  
Sugar  
Vanilla  
Half and Half  
Liquid Egg  
Cinnamon

**Berry Puree (varies seasonally)**  
Frozen Raspberries  
Frozen Blackberries  
Frozen Blueberries  
Sugar

**Oatmeal Strusel**  
Oats (rolled)  
Brown Sugar  
Butter  
All Purpose Flour  
Cinnamon

*review date: 4.17.23*  
*jeb*

# BANANAS FOSTER FRENCH TOAST

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

**Challah**  
**FT Batter**  
**Caramel Sauce**  
**Bananas**  
**Maple Syrup**

## *Ingredients*

**Challah**  
Bread Flour-AP  
Sugar  
Kosher Salt  
Yeast  
Liquid Egg  
Canola-Olive Oil Blend

**French Toast Batter**  
2% Milk  
Sugar  
Vanilla  
Half and Half  
Liquid Egg  
Cinnamon

## **Caramel Sauce**

Butter  
Brown Sugar  
Heavy Cream  
Rum

*review date: 4.17.23*  
*jeb*

# WHIPPED CREAM FOR BERRY BAR

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

## *Ingredients*

Heavy Whipping Cream  
Sugar  
Vanilla

*review date: 4.17.23*  
*jeb*

# VERDE BURRITO

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS

SOY

DAIRY

TREE NUTS

WHEAT

EGGS

SESAME

SHELLFISH

FISH

## *Plate Components*

**Chorizo\***  
**Cochinita**  
**Roasted Potatoes**  
**Three Bean Mix**  
**Queso Cotija**  
**Cilantro Lime Crema**  
**Flour Tortilla\***  
**Verde Mole**  
**Egg**  
**Green Onion**

## *Ingredients*

### **Cochinitas**

Pork Shoulder  
Onions, Red  
Garlic  
Oranges  
Lemons  
Chicken Stock  
Annato  
Black pepper  
Cumin  
Oregano  
Guajillo Peppers  
Bay Leaves  
Sea Salt  
Banana Leaves

### **Spicy Bean Mix**

Black Beans  
Pinto Beans  
Mayo Coba Beans  
Cilantro  
Red onion  
Guajillo Chilis  
Chili Flakes  
Salt  
Jalepenos  
Oregano

### **Verde Mole**

Tomatillo  
Pasilla  
Jalapeno  
Onion  
Garlic  
Cilantro  
Oregano  
Cumin  
Corriander  
Habenero Flakes  
Veg Stock  
Salt & Pepper  
Lemon Juice  
Lime Juice  
White Wine Vinegar  
Pepitas  
Plantains

### **Cilantro Crema**

Cilantro  
Lemon Juice  
Sour Cream

*review date: 4.17.23*

*jeb*

# MIGAS

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

Liquid Eggs  
Chipotle\*  
Cumin  
Cheddar Blend  
Fresh Basil  
Salsa  
Cilantro Crema  
Avocado Salsa  
Flour Tortilla\*  
Choice of Protein:  
    Chicken Sausage\*  
    Pork Sausage\*  
    Chorizo\*  
    Cochinita

## *Ingredients*

**Salsa**  
Whole Tomatoes  
Diced Tomatoes  
Cilantro  
Red Onion  
Yellow Onion  
Jalapeno  
Sea Salt  
Black pepper  
Cayenne Pepper  
Chili Powder  
White Pepper  
Smoked Paprika

**Avocado Salsa**  
Avocado  
Jalapeno  
Red onion  
Tomato  
Cilantro  
Lime Juice

**Cilantro Crema**  
Cilantro  
Lemon Juice  
Sour Cream

**Cheddar Blend**  
Beechers Cheddar  
Tillamook Cheddar

## PLATED WITH:

<b>Potatoes</b>	<b>or</b>	<b>House Salad</b>	<b>House Dressing</b>
Red Potatoes		salad greens	garlic
Potato spice*		carrots	raspberry vinegar
Canola-Olive Oil Blend		red onion	lemon juice
		cucumber	lime juice
		tomato	agave
		house dressing	dijon mustard
			olive oil/canola blend

\*purchased processed item, ingredients found in next section

**review date:**

**jeb 4.17.23**

# HUEVOS RANCHEROS

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## Plate Components

**Liquid Egg**  
**Corn Tortillas\***  
**Bean Mix**  
**Verde Sauce**  
**Scallions**  
**Queso Diablo\***  
**Pickled Veggies**  
**Optional protein**  
     **Cochinita**  
     **Chorizo\***

## Ingredients

**Pickled Veggies**  
 Red Onion  
 Carrots  
 Jalapenos  
 Red Radish  
 Apple Cider Vinegar  
 White Wine Vinegar  
 Red Wine Vinegar  
 Bay Leaves  
 Sugar

## Verde Sauce

Tomatillos  
 Pablanos  
 Onions  
 Garlic  
 Jalapeno  
 Cilantro  
 Oregano  
 Cumin  
 Corriander  
 Habanero Powder  
 Veg Stock  
 Lemon Juice  
 Lime Juice  
 White Wine Vinegar  
 Pepitas  
 Plantains

## Bean Mix

Black Beans  
 Pinto Beans  
 Mayo Coba Beans  
 Cilantro  
 Red onion  
 Guajillo Chilis  
 Chili Flakes  
 Salt  
 Jalepenos  
 Oregano

## Cochinitas

Pork Shoulder  
 Onions, Red  
 Garlic  
 Oranges  
 Lemons  
 Chicken Stock  
 Annato  
 Black pepper  
 Cumin  
 Oregano  
 Guajillo Peppers  
 Bay Leaves  
 Sea Salt  
 Banana Leaves

## PLATED WITH:

**Potatoes**      **or**  
 Red Potatoes  
 Potato spice\*  
 Canola-Olive Oil Blend

**House Salad**  
 salad greens  
 carrots  
 red onion  
 cucumber  
 tomato  
 house dressing

**House Dressing**  
 garlic  
 raspberry vinegar  
 lemon juice  
 lime juice  
 agave  
 dijon mustard  
 olive oil/canola blend

\*purchased processed item, ingredients found in next section

# SHAKSHUKA

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

**Shakshuka Sauce**

**Eggs**

**Feta**

**Arugula**

## *Ingredients*

**Shakshuka Sauce**

Red Peppers

Green Peppers

Red Onions

Crimini Mushrooms

Canned Diced Tomato

Smoked Paprika

Chili Powder

Cumin

Garlic

Red Pepper Flakes

Pepper

Salt

## **PLATED WITH CHALLAH BREAD**

Bread Flour

Sugar

Salt-kosher

Yeast

Liquid Eggs

Canola-Olive Oil Blend

*review date: June/23*

*afg*

# BISCUITS AND GRAVY

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

**Whole Eggs**

**Biscuits**

**Fresh Herbs**

**Gravy**

**Roasted Red Potatoes**

## *Ingredients*

### **Gravy**

2% Milk

Heavy Cream

Pork Sausage\*

Flour

Butter

Carrot

Celery

Yellow Onion

Poblano Peppers

Chicken Stock

Black Pepper

Salt

### **Biscuits**

AP Flour

Butter

Salt

Buttermilk

Baking Soda

Baking Powder

Beechers Flagship Cheddar

Chives

\*purchased processed item, ingredients found in next section

**review date: 4.17.23**

**jeb**

# GRANOLA 2024

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT**	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

Granola  
Greek Yogurt  
Honey

## *Ingredients*

**\*\*Bob's Red Mill oats cannot be guaranteed to be wheat free as they are processed alongside other wheat items**

### **Granola:**

Whole rolled Oats  
Chia Seeds  
Almonds  
Dried Cherries  
Canolive Oil  
Brown Sugar  
Honey  
Cacao nibs  
Coconut  
Vanilla Extract  
Sea Salt

*review date: Apr 24*  
*afg*

# STEEL CUT OATMEAL 2023

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY (if made with soy milk)	or	DAIRY (if made with milk)
TREE NUTS	**WHEAT		EGGS
SESAME	SHELLFISH		FISH

## Plate Components

Steel cut oats  
water  
choice of finishing "milk"  
2%  
Soy\*  
Oat\*  
Granola  
Honey

## Ingredients

\*\*Bob's Red Mill oats cannot be guaranteed to be wheat free as they are processed alongside other wheat items

<b>Fruit Cup:</b> Raspberry Strawberry Blackberry Blueberry	<b>Granola:</b> Whole rolled Oats Chia Seeds Walnuts Dried Cranberries Canolive Oil Brown Sugar Honey
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\*purchased processed item, ingredients found in next section

# MUSHROOM BENEDICT

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

Eggs  
Hollandaise  
English Muffin  
Mushroom Mix  
Butternut Squash  
Tomato Jam

## *Ingredients*

**Hollandaise**  
Butter  
Egg Yolks  
Cayenne  
White Pepper  
Kosher Salt  
Lemon Juice  
White Wine Vinegar

**mushroom mix**  
Crimini  
Oyster  
Shiitake  
White Button  
Tuscan Spices

## **English Muffin**

Bread Flour  
Kosher Salt  
Yeast  
Yukon Potatoes

## **Tomato Jam**

Red Onion  
Tomato Paste  
Roma Tomatoes  
Cherry Tomato  
Brown Sugar  
Cayenne  
Tamari  
Apple Cider Vinegar  
Cumin  
Paprika

## **PLATED WITH:**

**Potatoes**      **or**  
Red Potatoes  
Potato spice\*  
Canola-Olive Oil Blend

**House Salad**  
salad greens  
carrots  
red onion  
cucumber  
tomato  
house dressing

**House Dressing**  
garlic  
raspberry vinegar  
lemon juice  
lime juice  
agave  
dijon mustard  
olive oil/canola blend

\*purchased processed item, ingredients found in next section

**review date: 4.17.23**  
**jeb**

# SEATTLE BENEDICT

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

**Eggs**  
**Hollandaise**  
**Fresh Avocado**  
**Fresh Arugula**  
**Dungeness Crab**  
**English Muffin**  
**Dill Sprig**

## *Ingredients*

<b>hollandaise</b>	<b>English Muffin</b>
Butter	Bread Flour
Egg Yolks	Kosher Salt
Cayenne	Yeast
White Pepper	Yukon Potatoes
Salt-Kosher	
Lemon Juice	
White Wine Vinegar	

## PLATED WITH:

<b>Potatoes</b>	or	<b>House Salad</b>	<b>House Dressing</b>
Red Potatoes		salad greens	garlic
Potato spice*		carrots	raspberry vinegar
Canola-Olive Oil Blend		red onion	lemon juice
		cucumber	lime juice
		tomato	agave
		house dressing	dijon mustard
			olive oil/canola blend

\*purchased processed item, ingredients found in next section

**review date: 4.17.23**  
**jeb**

# YUCATAN BENEDICT

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

Eggs  
Adobo Hollandaise  
Cochinitas  
English Muffin  
Pickled Veggies

## *Ingredients*

### **Hollandaise**

Butter  
Egg (Yolks)  
Cayenne  
White Pepper  
Salt-Kosher  
Lemon Juice  
White Wine Vinegar  
Chipotle puree

### **Cochinitas**

Pork Shoulder  
Onions, Red  
Garlic  
Oranges  
Lemons  
Chicken Stock  
Annato  
Black pepper  
Cumin  
Oregano  
Guajillo Peppers  
Bay Leaves  
Sea Salt  
Banana Leaves

### **English Muffin**

Bread Flour  
Kosher Salt  
Yeast  
Yukon Potatoes

## **PLATED WITH:**

**Potatoes**      **or**  
Red Potatoes  
Potato spice\*  
Canola-Olive Oil Blend

**House Salad**  
salad greens  
carrots  
red onion  
cucumber  
tomato  
house dressing

**House Dressing**  
garlic  
raspberry vinegar  
lemon juice  
lime juice  
agave  
dijon mustard  
olive oil/canola blend

**review date: 4.17.23**  
**jeb**

# CRAB CAKE BENEDICT

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

**Eggs**  
**Hollandaise**  
**Crab Cake**  
**English Muffin**  
**Tarragon Garnish**

## *Ingredients*

**Hollandaise**  
Butter  
Egg Yolks  
Cayenne  
White Pepper  
Kosher Salt  
Lemon Juice  
White Wine Vinegar

**Crab Cake**  
Dungeness Crab  
Mayonnaise\*  
Panko  
Eggs (Whole)  
Tabasco Sauce\*  
Lemon Juice  
Parsley  
Dijon\*  
White Pepper  
Red Onion  
Red Pepper  
Jalapeno

**English Muffin**  
Bread Flour  
Kosher Salt  
Yeast  
Yukon Potatoes

## PLATED WITH:

**Potatoes**      **or**  
Red Potatoes  
Potato spice\*  
Canola-Olive Oil Blend

**House Salad**  
salad greens  
carrots  
red onion  
cucumber  
tomato  
house dressing

**House Dressing**  
garlic  
raspberry vinegar  
lemon juice  
lime juice  
agave  
dijon mustard  
olive oil/canola blend

\*purchased processed item, ingredients found in next section

**review date: April 20;**  
**afg**

# CLASSIC BENEDICT

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

Eggs  
Hollandaise  
Sliced Ham  
English Muffin  
Paprika Garnish

## *Ingredients*

<b>hollandaise</b> Butter Egg Yolks Cayenne White Pepper Salt-Kosher Lemon Juice White Wine Vinegar	<b>english muffin</b> Bread Flour Salt-kosher Yeast Yukon Potatoes
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## PLATED WITH:

<b>Potatoes</b> Red Potatoes Potato spice* Canola-Olive Oil Blend	<b>or</b>	<b>House Salad</b> salad greens carrots red onion cucumber tomato house dressing	<b>House Dressing</b> garlic raspberry vinegar lemon juice lime juice agave dijon mustard olive oil/canola blend
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\*purchased processed item, ingredients found in next section

**review date: 4.17.23**  
**jeb**

# GOAT CHEESE OMELETTE

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

Liquid Eggs  
Goat Cheese  
Spinach  
Mushroom Mix  
Cherry Tomato

## *Ingredients*

**mushroom mix**  
Crimini  
Oyster  
Shiitake  
White Button

## PLATED WITH

### Wheat Toast

Whole Wheat Flour  
Honey  
Salt  
Yeast

### Potatoes or

Red Potatoes  
Potato spice\*  
Canola-Olive Oil Blend

### House Salad

salad greens  
carrots  
red onion  
cucumber  
tomato  
house dressing

### House Dressing

garlic  
raspberry vinegar  
lemon juice  
lime juice  
agave  
dijon mustard  
olive oil/canola blend

\*purchased processed item, ingredients found in next section

**review date:**

**jeb 4.17.23**

# JOE'S SCRAMBLE

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

Liquid Eggs  
Beecher's Cheddar  
Spinach  
Mushroom Mix  
Protein choice  
Chicken Sausage\*  
Pork Sausage\*

## *Ingredients*

mushroom mix  
Crimini  
Oyster  
Shiitake  
White Button

## PLATED WITH

### Wheat Toast

Whole Wheat Flour  
Honey  
Salt  
Yeast

### Potatoes or

Red Potatoes  
Potato spice\*  
Canola-Olive Oil Blend

### House Salad

salad greens  
carrots  
red onion  
cucumber  
tomato  
house dressing

### House Dressing

garlic  
raspberry vinegar  
lemon juice  
lime juice  
agave  
dijon mustard  
olive oil/canola blend

\*purchased processed item, ingredients found in next section

*review date:*

*jeb 4.17.23*

# PHIL'S BREAKFAST (& RANCHERS)

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY (french toast & pancakes)
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## Plate Components

Eggs (whole or liquid)

Protein of Choice:

Bacon\*

Chicken Sausage\*

Pork Sausage\*

## Ingredients

Ranchers includes:

Classic French Toast (see menu item page)

or

Classic Pancakes (see menu item page)

## PLATED WITH:

Potatoes

or

House Salad

House Dressing

Red Potatoes

salad greens

garlic

Potato spice\*

carrots

raspberry vinegar

Canola-Olive Oil Blend

red onion

lemon juice

cucumber

lime juice

tomato

agave

house dressing

dijon mustard

olive oil/canola blend

## PHIL'S IS PLATED TOAST AND BUTTER

Wheat Toast

Potatoes

Whole Wheat Flour

Red Potatoes

Honey

Potato spice\*

Salt

Canola-Olive Oil Blend

Yeast

\*purchased processed item, ingredients found in next section

review date:

jeb 4.17.23

## ULI'S SPICY SCAMBLE

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

### *Plate Components*

Ulis Spicy Sausage\*  
Yellow Onion  
Jalapeno  
Sweet Peppers  
Basil  
Eggs  
Queso Diablo\*  
Garlic

### *Ingredients*

### PLATED WITH

Flour Tortilla

**Potatoes**      **or**  
Red Potatoes  
Potato spice\*  
Canola-Olive Oil Blend

**House Salad**  
salad greens  
carrots  
red onion  
cucumber  
tomato  
house dressing

**House Dressing**  
garlic  
raspberry vinegar  
lemon juice  
lime juice  
agave  
dijon mustard  
olive oil/canola blend

\*purchased processed item, ingredients found in next section

**review date:**

**afg 4.10.24**

# BUDDHA BOWL

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY (tofu option)	DAIRY
TREE NUTS	WHEAT	EGGS (fried egg option)
SESAME	SHELLFISH	FISH

## *Plate Components*

Mixed Greens  
Brussel Sprouts  
Butternut Squash  
Patty Pan Squash  
Turmeric Cauliflower  
Red Lentils  
Organic Fried Egg or  
Tofu\*  
Lemon Tahini Dress

## *Ingredients*

**Lemon Tahini Dressing**  
Garlic  
Lemon Juice  
White Wine Vinegar  
Canola-olive oil blend  
Water  
Tahini\*  
Sea Salt  
Pepper

## *Served with Rustic Bread*

Bread Flour  
Whole Wheat Flour  
Salt

\*purchased processed item, ingredients found in next section

**review date: 4.17.23**  
*jeb*

# BLT

## CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

### *Plate Components*

**Bacon\***  
**Tomato**  
**Arugula**  
**Garlic Pepper Aioli**  
**Avocado**  
**Potato Bread**

### *Ingredients*

**Potato Loaf**  
Bread Flour  
Potato Flour  
Sugar  
Salt-kosher  
Yeast  
Buttermilk

**Roasted Garlic Aioli**  
Mayonnaise\*  
Garlic  
Black Pepper

### PLATED WITH:

**Potatoes**      **or**  
Red Potatoes  
Potato spice\*  
Canola-Olive Oil Blend

**House Salad**  
salad greens  
carrots  
red onion  
cucumber  
tomato  
house dressing

**House Dressing**  
garlic  
raspberry vinegar  
lemon juice  
lime juice  
agave  
dijon mustard  
olive oil/canola blend

\*purchased processed item, ingredients found in next section

# FARMERS HASH/FARMER'S DAUGHTER

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY (tofu only)	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

Hash Base

Eggs

Tuscan Spice Mix

White Wine

Scallions

Protein of choice:

Bacon\*

Chicken Sausage\*

Pork Sausage\*

Tofu\*

Mushroom Mix

Cochinita

## *Ingredients*

Hash Base

Daily rotating vegetables

Canola-Olive Oil Blend

White Wine

Mushroom Mix

Crimini

Oyster

Shiitake

White Button

## PLATED WITH TOAST AND BUTTER

Wheat Toast

Whole Wheat Flour

Honey

Salt

Yeast

\*purchased processed item, ingredients found in next section

review date: 4.17.23

jeb

## Crab Cake Salad

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

### *Plate Components*

Crab Cake  
Green Beans  
Snap Peas  
Red Onion  
Tomato  
Corn  
Salad Greens  
Tarragon Vinaigrette

### **PLATED WITH:**

#### **Served with Rustic Bread**

Bread Flour  
Whole Wheat Flour  
Salt

### *Ingredients*

Crab Cake  
Dungeness Crab  
Mayonnaise\*  
Panko  
Eggs (Whole)  
Tabasco Sauce\*  
Lemon Juice  
Parsley  
Dijon\*  
White Pepper  
Red Onion  
Red Pepper  
Jalapeno

Tarragon Vinaigrette  
White Wine Vinegar  
Tarragon  
Agave Nectar  
Dijon Mustard  
Garlic  
Thyme  
Green Onion  
Canolive Oil

\*purchased processed item, ingredients found in next section

**review date: 4/10/2024**

**afg**

## Soba Noodle Salad

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

### *Plate Components*

**Buckwheat Soba Noodles**  
**Cucumber**  
**Edamame**  
**Red Cabbage**  
**Green Onion**  
**Sesame Ginger Soy Vinaigrette**  
**Choice of:**  
**Egg**  
**Tofu**

### *Ingredients*

**Sesame Ginger Soy Vinaigrette**  
Rice Wine Vinegar  
Sesame Oil  
Agave Nectar  
Garlic  
Ginger  
Canolive Oil  
Green Onion

### **PLATED WITH:**

#### ***Served with Rustic Bread***

Bread Flour  
Whole Wheat Flour  
Salt

\*purchased processed item, ingredients found in next section

**review date: 4/10/2024**  
**afg**

# BREAKFAST SANDWICH

CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

## *Plate Components*

Liquid Eggs  
Potato Loaf  
Fig Jam  
Gouda  
Bacon\*  
Arugula

## *Ingredients*

### **Fig Jam:**

Yellow Onion  
Figs  
Bourbon  
Orange Juice  
Cumin  
Sauterne  
Apple Cider Vinegar\*  
Agave  
Cinnamon

### **Potato Loaf**

Bread Flour  
Potato Flour  
Sugar  
Salt-kosher  
Yeast  
Buttermilk

## **PLATED WITH:**

### **Potatoes**

Red Potatoes  
Potato spice\*  
Canola-Olive Oil Blend

or

### **House Salad**

salad greens  
carrots  
red onion  
cucumber  
tomato  
house dressing

### **House Dressing**

garlic  
raspberry vinegar  
lemon juice  
lime juice  
agave  
dijon mustard  
olive oil/canola blend

\*purchased processed item, ingredients found in next section

**review date: 4.17.23**  
**jeb**

# BREADS & BAKERY ITEMS

## CONTAINS THE FOLLOWING COMMON FOOD ALLERGENS:

**WHEAT**

**SOY**

**DAIRY**

**EGGS**

### CHALLAH

- bread flour
- sugar
- sea salt
- yeast
- liquid eggs
- canolive oil

### ENGLISH MUFFIN

- bread flour
- sea salt
- yeast
- yukon gold potatoes

### HONEY WHEAT

- whole wheat flour
- honey
- sea salt
- yeast

### NAAN

- bread flour
- sea salt
- sugar
- yeast
- soy milk\*
- apple cider vinegar\*

### GLUTEN FREE BREAD

- rice flour
- sorghum flour
- tapioca flour
- yeast
- sea salt
- xanthan gum
- baking powder
- liquid eggs
- canolive oil
- sugar

### RYE

- rye starter
- bread flour
- dark rye flour
- brown sugar
- sea salt
- yeast
- canolive oil
- caraway seeds
- nigella seeds
- coriander seeds
- cocoa powder

### RUSTIC

- bread flour
- whole wheat flour
- sea salt

### POTATO LOAF

- bread flour
- potato flour
- sea salt
- salt
- yeast
- buttermilk

### COFFEE CAKE

- butter
- cream cheese
- sugar
- brown sugar
- eggs
- vanilla
- cinnamon
- baking powder
- baking soda
- sea salt
- whole milk
- bread flour
- AP flour

### SCONES

- bread flour
- sugar
- baking powder
- salt
- honey
- heavy cream
- lemon zest\*\*
- raspberries\*\*
- white chocolate chips\*\*

\*\*4/2024

### BUNS / BOLILLOS

- bread flour
- sugar
- salt
- canolive oil
- yeast

### RYE (MARBLED)

- rye starter
- bread flour
- dark rye flour
- brown sugar
- sea salt
- yeast
- canolive oil
- caraway seeds
- nigella seeds
- coriander seeds
- cocoa powder
- potato flour
- buttermilk

### GF Carrot Bread\*\*

- canolive oil
- gluten free AP flour
- baking powder
- carrots
- xanthan gum
- sugar
- eggs
- sea salt

### CHOCO-CHALLAH

- bread flour
- sugar
- sea salt
- yeast
- liquid eggs
- canolive oil
- cocoa powder

### GF Blueberry Banana Bread

- sugar
- gluten free AP flour
- baking soda
- baking powder
- liquid eggs
- butter
- banana
- blueberry
- xanthan gum
- sea salt

\*\*4/2024

\*purchased processed item, ingredients found in next section

**review date: 4/4/2024**  
**Allison**

## Spice Blends from Kitchen Imp

PEANUTS	SOY	DAIRY
TREE NUTS	WHEAT	EGGS
SESAME	SHELLFISH	FISH

Pork Seasoning	Tuscan (Hash)	Salsa Blend
salt	salt	salt
ancho	garlic	black pepper
cumin	basil	white pepper
black pepper	rosemary	smoked paprika
coriander	fennel	chili powder
chili flake	oregano	cayenne
Potato Spice	Cochinita Pibil	
salt	annato	
black pepper	cumin	
coriander	oregano	
fennel	salt	
cumin	black pepper	
white pepper		
smoked paprika		
oregano		

*review date: 4.17.23*  
*jeb*